

MEDIATION & CONFLICT RESOLUTION SKILLS

APRIL 2011

A 40 HOUR PRACTICAL AND HANDS-ON TRAINING

LOCATION: BERKELEY TECHNOLOGY ACADEMY, 2701 MARTIN LUTHER KING JUNIOR WAY BERKELEY CA 94703

SEEDS
Community Resolution Center

Services that Encourage
Effective Dialogue and Solutions

Friday, 04/08 6:30-9:00pm
Sat-Sun, 04/09 & 04/10 9:00-5:00pm
Sat-Sun, 04/16 & 04/17 9:00-5:00pm
Monday, 04/18 6:30-9:00pm

Workshop Fees: \$435.00
breakfast, lunch and snacks included on full days

*Partial
scholarships available*

Come join us for this highly interactive and experiential training to explore conflict and mediation. This 40 hour training/certificate program will explore the SEEDS Mediation Model.

TOPICS AND SKILLS TO BE COVERED INCLUDE:

- ◆ Communication Skills: Active listening, empathizing, asking clarifying questions, checking assumptions, identifying possible solutions.
- ◆ Conflict Styles: Identifying and dealing with different conflict styles.
- ◆ Culture & Cultural Identity: The impact race, ethnicity, gender, class, sexual orientation, education etc. have on conflicts.
- ◆ Mediation Skills: Maintaining impartiality and respect; identifying and framing issues; facilitating communication and negotiation; dealing with power dynamics, biases, feelings and assumptions.
- ◆ Practice Sessions: Extensive mediation practice in small groups with coaching.
- ◆ Learn SEEDS Mediation model.

TO RECEIVE THE CERTIFICATE YOU WILL BE REQUIRED TO PARTICIPATE IN TWO ADDITIONAL PRACTICE SCENARIOS AT OUR OFFICE AFTER COMPLETION OF TRAINING.

WHO WE ARE:

SEEDS (formerly East Bay Community Mediation) has devoted the last 25 years to providing affordable, effective and constructive forums to resolve disputes. These involve relationships between families, neighbors, landlords and tenants, or students, teachers and parents in schools. Parties may request mediation and/or facilitation services. SEEDS works with nonprofits, small businesses or to support the resolution of community concerns: neighborhood conflicts, land-use and development, and city decisions about neighborhoods, traffic, zoning and building. SEEDS also provides training in Facilitation skills.

MISSION:

We cultivate common ground and help people resolve conflict in our diverse communities through mediation, facilitation and training.

CONTACT US AT SEEDS COMMUNITY RESOLUTION CENTER :

510-548-2377 OR EMAIL: INFO@SEEDSCRC.ORG

1968 SAN PABLO AVENUE, BERKELEY, CA 94702

TO REGISTER ONLINE, GO TO OUR WEBSITE AT SEEDSCRC.ORG AND CLICK ON
OUR EVENT PAGE

