

SEEDS Presents...

Be a Revolutionary

# PEACE IT TOGETHER CONTEST

1st Place  
\$250

2nd place  
\$150

3rd Place  
\$100

WRITE A POEM, STORY, RAP OR SONG  
ABOUT TALKING IT OUT INSTEAD OF USING VIOLENCE

1st Place  
\$250

2nd place  
\$150

3rd Place  
\$100

### Contest Guidelines

1. Audio or video needs to be 3-5 mins in length
2. Poems or short stories no more than 2 pages
3. Show how to talk it out instead of using violence
4. Reveal the power of words, dialogue, humor and communication to prevent violence
5. Share how you've dealt with conflict in your life
6. Enter as an individual or a group
7. Entries must include your name, address, phone number, email address, date of birth, school name & city

Ages  
12 - 18

DEADLINE

**MARCH 8TH, 2010**



SEEDS Community Resolution Center serves the East Bay by offering mediation, facilitation restorative justice and conflict resolution training.

SEEDS reserves the right to showcase key entries in schools and mediation programs and during Mediation Awareness Week from Mar. 15-19, 2010

QUESTIONS? CALL (510) 548-2377  
WWW.SEEDSCRC.ORG

SEND/EMAIL YOUR ENTRY TO  
PEACEITTOGETHER@SEEDSCRC.ORG  
OR  
SEEDS, 1968 SAN PABLO AVE.  
BERKELEY, CA 94702